

Onsite FCN Clinical Course Outline



**FOOT CANADA
TRAINING**

Inspiring Excellence in Nursing Education

Course Description

Total Hours: 43

The Foot Care Nurse Clinical course (formerly FCN Part 2) is designed for nurses (RN's, NP's, RPN's & LPN's) who have successfully completed the Online Foot Care Nurse Theory course and are ready to practise their Foot Care Nurse skills onsite with the guidance and supervision of a Foot Care Nurse Educator. The course follows a comprehensive, advanced and diabetic nursing foot care curriculum and teaches current Best Practice Guidelines and evidence-based practice. The Canadian Association of Foot Care Nurses' National Competencies for Advanced Nursing Foot Care in Canada (2017) are used as Clinical Performance Standards for this course.

This course provides in-person clinical foot care nurse skills development and mentorship. Together, both the FCN Theory and FCN Clinical courses are designed to prepare participants to function as a Foot Care Nurse within a health care team.

The curriculum for FCN Clinical was developed by Foot Canada Training (formerly Foot Care Kingston) and is administered in Ottawa by Foot Canada Training in association with Michelle De Grandmont of Soft Soles Diabetic Foot Care. This course is also independently administered in other locations across Canada by Foot Care Nurse Educators, colleges and universities who have a license to access and use Foot Canada Training's curriculum. Please visit the Clinical Education Providers' page of the Foot Canada Training website for a list of FCN Clinical locations. Each education provider has access to the same standardized peer-reviewed education guidelines and suggested Onsite FCN Clinical Course Outline. Sections of the course outline may be adjusted by the education provider to meet local education needs.

All students interested in completing FCN Clinical in Ottawa (ON) must read the Ottawa Onsite FCN Clinical Course Outline prior to completing registration.

Prerequisites

- **FCN Theory** - Applicants must start FCN Clinical within 12 months of achieving a passing grade from FCN Theory. Exceptions to the 12-month rule may be allowed in extenuating circumstances. Applicants are to contact their FCN Clinical location of choice to discuss their unique circumstances and for more detail.



- **Non-restricted Nursing Registration/License** - Applicants must hold a current non-restricted Nursing Registration/License (temporary or full) from the territory or province in which they will be taking the course.
- **Safety and Ethics** - It is expected that nurses participating in this course will:
 - follow all applicable legislation;
 - use only the skills authorized within their scope of practice;
 - demonstrate the entry-to-practice competencies, practice standards and guidelines established by their provincial or territorial regulatory body.

Nurses who fail to adhere to the above, resulting in safety and/or ethical concerns, will be removed from the course at the Educator's discretion and marked as Incomplete. Re-entry to the course may or may not be possible based on the Educator's recommendations. Remedial assignment(s) and additional fees may be applicable.

- **Insurance/ID** - Each student will need to bring a printed copy of the following on the first day of class:
 - Proof of at least \$2 million in personal protective insurance (malpractice insurance).
 - Current government issued photo ID.
- **CPIC/Vulnerable Sector Check** - Students are required to bring printed proof of a negative vulnerable sector police check on the first day of FCN Clinical. The check must have been completed within 6 months of the first day of FCN Clinical. Students with a positive police check will be denied access to participate in FCN Clinical. A refund for the course will not be provided. Please inquire with your local police department for more information on how to request a check.

Required Reading

Students are expected to obtain the following:

- Lazenby, Cindy. LM. (2017) Art & Science of Foot Care: A Clinical Resource for Nurses in Canada.
- Canadian Association of Foot Care Nurses National Competencies for Advanced Nursing Foot Care in Canada (2017). Canada: CAFCN.

Credit

Students meeting the minimum passing grade requirement will be provided with a Certificate of Completion from Foot Canada Training.

Clinical Performance Standards

The 7 Domains of CAFCN's National Competencies for Advanced Nursing Foot Care in Canada (2017) are used as Clinical Performance Standards for FCN Clinical (see table on page 3). Clinical



Performance Standards consist of the minimum set of skills and knowledge required to competently practise as a Foot Care Nurse.

7 Domains of CAFCN’s National Competencies for Advanced Nursing Foot Care in Canada (2017)
1. Knowledge-Based Practice: Theory
2. Knowledge-Based Practice: Practice
3. Risk Assessment & Health Promotion
4. Quality Practice
5. Professional Communication and Relationship
6. Coordination and Collaboration
7. Advocacy
8. Ethical Practice

This course emphasizes professional accountability through resourceful and self-directed learning. Skills and knowledge will be evaluated by the student, their peers and the Educator.

Evaluation is continuous and will consist of formative and summative methods, including step-by-step guided-learning exercises and return demonstrations. There will be an emphasis on self-evaluation with the use of a personal learning plan, pre and post-tests and reflective practice.

All students must develop a Personal Learning Plan with S.M.A.R.T. goals on exit from the FCN Clinical course that includes Clinical Performance Standards for which they did not receive a full mark.

Evaluation

Passing Grade - Students achieving a final grade of Satisfactory (S) by Day 6 are considered to have met the Clinical Performance Standards for FCN Clinical at an entry level.

Clinical Performance Evaluation

Definition	Detail of Performance
Satisfactory (S)	Performance meets minimum Clinical Performance Standards: <ul style="list-style-type: none"> • <u>Day 1-4</u>: Consistently demonstrates progression towards the achievement of Clinical Learning Outcomes as evidence by integration of established



	<p>Clinical Performance Standards within clinical performance. Needs Improvement (NI) is used as a warning before progression to Unsatisfactory (U) if no subsequent improvement noted.</p> <ul style="list-style-type: none"> • <u>Day 5-6:</u> Clinical Learning Outcomes achieved as evidence by integration of established Clinical Performance Standards within clinical performance.
<p>Unsatisfactory (U)</p>	<p>Performance does not meet minimum Clinical Performance Standards:</p> <ul style="list-style-type: none"> • <u>Day 1-4:</u> Not achieving progression towards the achievement of Clinical Learning Outcomes as evidence by an inconsistent or deficient integration of established Clinical Performance Standards within clinical performance. Student will be asked to develop a plan for improvement within the 2 last days. • <u>Day 5-6:</u> <ol style="list-style-type: none"> 1. Clinical Learning Outcomes remains unachieved with inconsistent or deficient integration of established Clinical Performance Standards within clinical performance, as measured by: <ul style="list-style-type: none"> • 2 U's under one Learning Outcome <p style="text-align: center;"><u>Or</u></p> <ul style="list-style-type: none"> • 3 U's under different Learning Outcomes <p style="text-align: center;"><u>Or</u></p> 2. 1 single CRITICAL EVENT: <ul style="list-style-type: none"> Defined as, but not limiting to: <ul style="list-style-type: none"> • A dangerous action that injures or has the potential to injure • Illegal or unethical behaviour • Impaired behaviour due to alcohol or drugs

Absent for 1 hour or more - It is the student's responsibility to ensure that they arrive on time, and attend all the scheduled hours for each day, and participate in all the exercises in this course in its entirety to receive a passing grade and certificate. Students will be marked as 'Incomplete' if missing a cumulative total of an hour or more of FCN Clinical. Students marked as 'Incomplete' may have to register for FCN Clinical a second time to complete the course. In exceptional circumstances, based on the Lead Educator's assessment, availability and location-specific policies, students who miss an hour or more of FCN Clinical may be offered the possibility of remedial arrangements to make up the time missed. Additional fees may be applicable. The FCN Clinical certificate will only be issued once the student has participated in the full 43 hours required for the FCN Clinical course.



Interpretation of Final Grades

Final Grade Satisfactory (S) (Pass)

- Competent - Meets expectations for Clinical Performance Standards.
- Recommendation - Practice within an agency with an onsite mentor or an easily accessible mentor, for a minimum of two years.

Final Grade Unsatisfactory (U) (Fail)

- Not Competent - Does not meet Clinical Performance Standards effectively or consistently.
- Recommendation - The student cannot practise foot care. Recommended to get remedial assistance prior to applying for re-entry to the course.

Final Grade (Incomplete)

- Not Competent - Student was absent for a portion of the course resulting in skill development and/or skill assessment being incomplete.
- Recommendation - The student cannot practise foot care. Student must make remedial arrangements with their FCN Clinical location or must re-take FCN Clinical. Note that additional fees may be applicable. The availability of remedial arrangements will be based on location-specific policies and procedures, the Lead Educator's assessment of the student's individual circumstances and the Educator's availability to accommodate the student.

FCN Clinical Lesson Plan (43hrs)

Mentorship (3 hours) - Students will observe their FCN Clinical Lead Educator or one of the FCN Clinical Preceptors performing 2 nursing foot care clinical appointment. These mentorship hours are to be completed during the hours of the FCN Clinical.

Advance Nursing Foot Care Skills (21.5 hours) - This portion of the course will be taught in a nursing lab or foot care clinical setting and will cover all advanced nursing foot care skills required to complete FCN Clinical, including: risk assessments, treatment, development of individualized treatment plans, referrals and health education. Students will be guided to simulate step by step practical hands on skills on 2 volunteer clients each.

Clinical Skills (18.5 hours) - This portion of the course is offered in a clinical care setting and provides students with clinical experience with 10 -13 volunteer clients, per student group.

FCN Clinical Registration

Tuition for FCN Clinical is not included in tuition for FCN Theory. We strongly encourage all interested students to apply for FCN Clinical during their first month of participating in FCN Theory.



Please visit the Clinical Education Providers' page of the Foot Canada Training website for a list of Foot Care Nurse Educators, colleges and universities with a license to teach this course.

Students must review the following information in the Ottawa FCN Clinical Policies and Procedures Manual before completing registration:

Location-Specific Course Information

- Course Outline
- Course Dates and Registration Deadlines
- Contact Information
- Location(s)
- Education Team Biographies
- Registration Requirements and Process
- Tuition
- Tuition Refund, Course Cancellation and Waitlist Policy
- Instruments and Supplies
- Privacy and Confidentiality Standards
- Dress Code
- Unique Facility-Specific Policies and Procedures (including location-specific documents and forms, such as client confidentiality agreements).

Foot Canada Training Intellectual Property Policy

- The Canada Copyright Act (R.S.C., 1985, c. C-42) protects all original literary, dramatic, musical and artistic work created in Canada or treaty countries, giving the author the sole "right to copy" (Canadian Intellectual Property Office, 2018).
- The Canadian Intellectual Property Office (2018) defines copyright as:
"In the simplest terms, "copyright" means "the right to copy." In general, copyright means the sole right to produce or reproduce a work or a substantial part of it in any form. It includes the right to perform the work or any substantial part of it or, in the case of a lecture, to deliver it. If the work is unpublished, copyright includes the right to publish the work or any substantial part of it."
- The content of Foot Canada Training's courses and curriculum is copyrighted and cannot be copied, shared or published without written permission of Foot Canada Training's Director, Cindy Lazenby.
- If written permission to copy, share or publish one of Foot Canada Training's original works is provided by Foot Canada Training's Director, proper reference to the author must be given when the work is used.



In signing this document, I confirm that I have read this Ottawa Onsite FCN Clinical Course Outline and the Ottawa FCN Clinical Policies and Procedures Manual.

Student Signature

Student Name

Date

