

# Onsite FCN Clinical Course Outline

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## General Course Information

### Course Description

#### **Total Hours: 43**

The Foot Care Nurse Clinical course (formerly FCN Part 2) is designed for nurses (RN's, NP's, RPN's & LPN's) who have successfully completed the Online Foot Care Nurse Theory course and are ready to practise their Foot Care Nurse skills onsite with the guidance and supervision of a Foot Care Nurse Educator. The course uses the Canadian Association of Foot Care Nurses' National Competencies for Advanced Nursing Foot Care in Canada (2017) as Clinical Performance Standards and teaches a comprehensive, advanced and diabetic nursing foot care curriculum, which follows current best practice guidelines and evidence-based practice. This course provides in-person clinical foot care nurse skills development and mentorship. Together, both the FCN Theory and FCN Clinical courses are designed to prepare participants to function as a Foot Care Nurse within a health care team.

**Foot Canada Training FCN Clinical Course Curriculum** – The Foot Care Nurse Clinical course was developed by Foot Canada Training and is administered by Foot Care Nurse Educators, health agencies, colleges and universities who have a license to access and use Foot Canada Training's curriculum. Education providers teach and administer FCN Clinical independently from Foot Canada Training. Each of these education providers have access to the same standardized peer-reviewed education guidelines, teaching materials and suggested FCN Clinical Course Outline. Please visit the Clinical Education Providers' page of the Foot Canada Training website for a list of FCN Clinical education providers using the Foot Canada Training curriculum.

### Prerequisites

#### FCN Theory

Applicants are recommended to start the FCN Clinical course within 12 months of achieving a passing grade from the FCN Theory course.

#### Non-restricted Nursing Registration/License

Applicants hold a current non-restricted Nursing Registration/License (temporary or full) from the territory or province in which they will be taking the course. If the license contains conditions, the student's application will be reviewed to confirm that the conditions will be met by the course delivery.

### Safety and Ethics

It is expected that nurses participating in this course will:

- follow all applicable legislation;
- use only the skills authorized within their scope of practice;

- demonstrate the entry-to-practice competencies, practice standards and guidelines established by their provincial or territorial regulatory body.
- Nurses who fail to adhere to the above, resulting in safety and/or ethical concerns, may be removed from the course at the Educator's discretion and marked as Incomplete. Re-entry to the course may or may not be possible based on the Educator's recommendations. Remedial assignment(s) and additional fees may be applicable.

### Insurance/ID

Each student are to bring a printed copy of the following on the first day of class:

- Proof of personal protective insurance (malpractice insurance).
- Current government issued photo ID.

### Required Reading

Students are expected to obtain the following:

- Lazenby, Cindy. LM. (2017) Art & Science of Foot Care: A Clinical Resource for Nurses in Canada.
- Canadian Association of Foot Care Nurses National Competencies for Advanced Nursing Foot Care in Canada (2017). Canada: CAFCN.
- Student Guide: a Student Guide will be provided to the student once fully registered, which how to prepare prior to the course, including links to additional required reading.

### Credit

Students meeting the minimum passing grade requirement will be provided with a Certificate of Completion from their education provider.

### FCN Clinical Lesson Plan Example (43hrs)

**Mentorship (hours 3)** - Students may observe their FCN Clinical Lead Educator or one of the FCN Clinical Preceptors performing 2 nursing foot care clinical appointments. These mentorship hours are to be completed during the hours of the FCN Clinical.

**Advance Nursing Foot Care Skills (21.5 hours)** - This portion of the course may be taught in a nursing lab or foot care clinical setting and covers all advanced nursing foot care skills required to complete FCN Clinical, including: risk assessments, treatment, development of individualized treatment plans, referrals and health education. Students may be guided to simulate step by step practical hands on skills on 2 volunteer clients each.

**Clinical Skills (18.5 hours)** - This portion of the course may be offered in a clinical care setting and provides students with clinical experience with 10 -13 volunteer clients.

## Evaluation

### Clinical Performance Standards

The 7 Domains of CAFCN’s National Competencies for Advanced Nursing Foot Care in Canada (2017) are used as Clinical Performance Standards for FCN Clinical which are recommended as the minimum set of skills and knowledge required to competently practise as a Foot Care Nurse.

<b>7 Domains of CAFCN’s National Competencies for Advanced Nursing Foot Care in Canada (2017)</b>
1. a) Knowledge-Based Practice: Theory
1. b) Knowledge-Based Practice: Practice
2. Risk Assessment & Health Promotion
3. Quality Practice
4. Professional Communication and Relationship
5. Coordination and Collaboration
6. Advocacy
7. Ethical Practice

This course emphasizes professional accountability through resourceful and self-directed learning. Skills and knowledge will be evaluated by the student, their peers, and the Educator.

Evaluation is continuous and will consist of formative and summative methods, including step-by-step guided-learning exercises and return demonstrations. There will be an emphasis on self-evaluation with the use of a personal learning plan, pre and post-tests and reflective practice.

All students are encouraged to develop a Personal Learning Plan with S.M.A.R.T. goals on exit from the FCN Clinical course that includes Clinical Performance Standards for which they did not receive a full mark.

### Passing Grade

Students achieving a final grade of Satisfactory (S) by Day 6 are considered to have met the Clinical Performance Standards for FCN Clinical at an entry level.

## Clinical Performance Evaluation

Definition	Detail of Performance
Satisfactory (S)	<p>Performance meets minimum Clinical Performance Standards:</p> <ul style="list-style-type: none"> <li>● <u>Day 1-4:</u> Consistently demonstrates progression towards the achievement of Clinical Learning Outcomes as evidence by integration of established Clinical Performance Standards within clinical performance. Needs Improvement (NI) is used as a warning before progression to Unsatisfactory (U) if no subsequent improvement noted.</li> <li>● <u>Day 5-6:</u> Clinical Learning Outcomes achieved as evidence by integration of established Clinical Performance Standards within clinical performance.</li> </ul>
Unsatisfactory (U)	<p>Performance does not meet minimum Clinical Performance Standards:</p> <ul style="list-style-type: none"> <li>● <u>Day 1-4:</u> Not achieving progression towards the achievement of Clinical Learning Outcomes as evidence by an inconsistent or deficient integration of established Clinical Performance Standards within clinical performance. Student will be asked to develop a plan for improvement within the 2 last days.</li> <li>● <u>Day 5-6:</u> <ol style="list-style-type: none"> <li>1. Clinical Learning Outcomes remains unachieved with inconsistent or deficient integration of established Clinical Performance Standards within clinical performance, as measured by: <ul style="list-style-type: none"> <li>● 2 U's under one Learning Outcome</li> </ul> <p style="text-align: center;"><b><u>Or</u></b></p> <ul style="list-style-type: none"> <li>● 3 U's under different Learning Outcomes</li> </ul> <p style="text-align: center;"><b><u>Or</u></b></p> </li> <li>2. 1 single CRITICAL EVENT: Defined as, but not limited to: <ul style="list-style-type: none"> <li>● A dangerous action that injures or has the potential to injure</li> <li>● Illegal or unethical behaviour</li> <li>● Impaired behaviour due to alcohol or drugs</li> </ul> </li> </ol> </li> </ul>

**Absent for 1 hour or more** - Students may be marked as 'Incomplete' for missing a cumulative total of an hour or more of FCN Clinical, and may have to register for FCN Clinical a second time to complete the course, or may be offered remedial arrangements to make up the time missed at the Educator's discretion. Additional fees may be applicable.

### Interpretation of Final Grades

#### Final Grade Satisfactory (S) (Pass)

- Competent - Meets expectations for Clinical Performance Standards.
- Recommendation - Practice within an agency with an onsite mentor or an easily accessible mentor, for a minimum of two years.

#### Final Grade Unsatisfactory (U) (Fail)

- Not Competent - Does not meet Clinical Performance Standards effectively or consistently.
- Recommendation - The student cannot practise foot care. Recommended to get remedial assistance prior to applying for re-entry to the course.

#### Final Grade (Incomplete)

- Not Competent – Student was absent for a portion of the course resulting in skill development and/or skill assessment being incomplete.
- Recommendation - The student cannot practise foot care. Student may have to make remedial arrangements with their FCN Clinical location or re-take FCN Clinical. Note that additional fees may be applicable.