



**FOOT CANADA
TRAINING**

Advanced Foot Care Nurse Program

Higher Standards. Accessible Programming.

Foot Canada Training's standardized and accessible Advanced Foot Care Nurse Program uses a combination of self-paced online learning, videos, presentations, peer-reviewed resources and four days of hands-on clinical training with real patients, to support Canadian nurses interested in a career in foot care.



**FOOT CANADA
TRAINING**

Higher Standards.

You wouldn't let just *anyone* perform your next root canal, so who are you trusting to care for your feet?

Our feet are the key to our mobility and independence as we age. They keep us active and take us where we need to go. They support us during those long hours at work, and are integral in maintaining a healthy lifestyle.

Nursing foot care requires very specific knowledge and skills, beyond the basic nursing curriculum. A foot care nurse trained by Foot Canada Training has obtained unique and specialized knowledge of skin and nail conditions, diabetic foot care management, wound care and lower limb complications, biomechanics and offloading, IPAC best practices, and culturally safe care.

Upon completion of the **Advanced Foot Care Nurse Program**, nurses earn:

- Foot Care Nurse Theory Certificate: 120 hours online
- CSA:MDR of Critical Foot Care Devices Course Certificate
- IPAC Hand Hygiene Certificate
- Clinical Training Certificate: 4 days (min) hands-on training

Want to learn more about nursing foot care standards in Canada?
Contact us today at admin@footcanada.ca or visit www.cafcn.ca

[Foot Canada Home](#) [Courses](#) [Bookstore](#) [Become an Educator](#) [About Us](#)



Your FIRST Choice For Foot Care Training

Over 4500 Canadian nurses have made Foot Canada their first

choice.

[Find out why!](#)

Foot Canada Training 2025



**FOOT CANADA
TRAINING**

Advanced Foot Care Nurse Program

With the most comprehensive, standardized and accessible curriculum available, it isn't a secret why 5000+ foot care nurses have already made Foot Canada Training their first choice in foot health education.

| COURSE | LENGTH | COST | CONTENT |
|---|---|---|--|
| Foot Care Nurse Theory Course | 120 hours Online; self-paced 12 months to complete | \$900 + \$135 textbook | <ul style="list-style-type: none"> • Intro to Careers in Foot Care • Evidence-informed Practice • Anatomy of the Lower Leg • Foot & Nail conditions • IPAC Module • Foot & Ankle Conditioning • Biomechanics and Orthotics • Diabetes Management • Wound Care basics • MDR of Critical Foot Care Devices |
| Onsite Clinical Course <i>locations across Canada</i> | 4 days/32 hour minimum, hands-on training | \$2800 (average tuition) prices vary by location | <ul style="list-style-type: none"> • Mentorship/Observation • Advanced Foot Care Skills in clinic/ lab setting; includes IPAC, risk assessments, treatment plans and charting, podiatry instrument skills, diabetic foot care • Continuous feedback, interim assessments, SMART Goals |
| | Total program length 150+ hours | \$3800 approx | <ul style="list-style-type: none"> • Foot Canada Training Certificates (2) • CSA: MDR of Critical Foot Care Devices Course (included) • Program recognized by Veteran's Affairs Canada • Follows CAFCN Competency Framework (2025) |

THEORY

Foot Care Nurse Theory Course Online Curriculum Sections

Students have 12 months to complete the Online Theory Course

Each section contains :

- Required textbook and resource reading
- Powerpoint Presentations with Audio and Visual
- Section Glossary with Audio and Visual
- Section Summary Quiz

Supplementary components include:

- Optional Activities
- Extra Resources
- Videos
- Case Studies

| | |
|-----------|--|
| 01 | Business of Foot Care |
| 02 | Evidence-Informed Practice |
| 03 | Anatomy & Physiology of the Lower Leg |
| 04 | Foot & Nail Conditions |
| 05 | Infection Prevention & Control |
| 06 | Foot & Ankle Conditioning, Physio and Massage Therapy |
| 07 | Biomechanics, Footwear and Offloading |
| 08 | Diabetes and Foot Care |
| 09 | Wound Care |
| 10 | Nursing Foot Care Skills |

Sample Clinical Training Schedule

This schedule is for illustrative purposes only. A Licensed Educator will provide you with the Clinical Training schedule in your location.

MINIMUMS:
13 patients
4 days / 32 hours

Daily evaluations and feedback with focus on skills development and SMART goals

| Day 1 | Day 2 | Day 3 | Day 4 |
|---|---|---|---|
| Welcome Tour, Health & Safety, PPE Tools demo Field Set-Up (clinic/mobile) MDR discussion and review Review goals/assessment tools 3hr | Clinic & Tray set up, recap yesterday, Review Smart Goals, Terminology & IPAC Review 1 hr Client Care Practice (Basic) - focus instrument skills, PPE 2 hr (1 patient) | Set up (independently) recap yesterday, Reset Goals, review Diabetes & Complex Care 1 hr Skills Practice: Gait Analysis & Biomechanics 0.5 hr | Set up Review Homework & Hot Topics 0.5 hr Client Care with full history- Student Performance – (Mod/High Risk/Complex) 3 hr (2 patients) |
| LUNCH | LUNCH | Client Care for Diabetic/Complex patient 2 hr (1 patient) | LUNCH |
| Demonstration Full Appointment, PPE Set up and Foot Care Chart /Data Collection, intro to instrument skills, all assessments 2 hr (1 patient) - Instructor-Led Full Appointment, *Student as Patient 1.5 hr | Client Care with full history- Student Performance – focus on assessments and charting (Basic) 3.5 hr (2 patients) | LUNCH | Client Care with full history- Student Performance – (Mod/High Risk/Complex) 3.5 hr (2 patients) |
| Skills Practice: Podiatry instrument & scalpel technique 1 hr (1 patient: could be another student) | Skills Practice: Offloading/Padding 1 hr (1 patient: could be another student) | Client Care with full history- Student Performance – focus on assessments and charting (Mod/High Risk/Complex) 4 hr (2 patients) | Client Care with full history- Student Performance – (Mod/High Risk/Complex) 3.5 hr (2 patients) |
| Self-Evaluation & Feedback, Goal Setting for next day 0.5 hr | Interim Evaluation & Goals, Review Charting, Client & Risk Assessment Tools 0.5 hr | Evaluation & Feedback, Goal Setting, Review charting, risk assessments 0.5 hr | Student Evaluation Interview, Goal Setting, Course Evaluation 1 hr |

%50 patients are moderate-high risk/diabetic (starting day 3)

Check out our interactive map at www.footcanada.ca

Clinical Training Locations



01

Student holds an active, non-restricted Canadian nursing license in the province they are doing clinical training. Nursing students are eligible to begin the Theory portion of the program, but cannot continue to the Clinical Training until they obtain their full, active license.

05

Student has completed all other pre-requisites, registration forms and payment as per the contract with their clinical training instructor.

02

Student must complete and submit certificate of completion for the Theory, CSA:MDR, and IPAC Hand Hygiene courses before the first day of clinical training.

06

Student has signed the Foot Canada Training Code of Conduct contract provided by their clinical training instructor.

03

Student has minimum liability coverage as per their provincial nursing standard.

04

Student can communicate proficiently in English and has the computer skills necessary to complete an online course.

Admission Requirements

Students must provide proof and complete registration documents from the licensed education provider in their area before they are admitted to the program.

Foot Canada Training 2025

Program Expectations



"Registration in the online Foot Care Nurse Theory course does not guarantee enrolment in the Clinical Training course.

Students are responsible for contacting the clinical educator in their area to confirm fees, dates, and wait times. Student enrolment is only guaranteed once registration or payment is completed. Training is scheduled at the discretion of the educator, and wait times may vary.



All students must be prepared to meet Canadian nursing standards, complete paperwork on time, and communicate safely with patients and their educator.

If readiness or safety concerns are identified, training may be delayed or rescheduled.



Educators maintain professional boundaries and respond to emails during business hours. Respectful communication is expected at all times; bullying, harassment, repeated cancellations, or unprofessional behaviour may result in dismissal.



Instruction and resources in the Theory Course and Clinical Training are provided in English.

For nurses for whom English is a second language, additional preparation or support hours may be recommended to ensure success and patient safety."



**"Great course, easy to follow.
lots of great information.
The Textbook is a great
resource! "**

***-Corey Mackenzie, Nova Scotia
Clinical Nurse Specialist
Indigenous Services Canada***

Testimonials from our students

"I just wanted to send a well deserved positive personal message advising of the great training I received with Soft Soles (in association with Foot Canada Training).

The instructor Michelle built a well-designed course full of theory knowledge that we were able to practice in a clinical setting. Clients talked very highly of Michelle and fellow Soft Sole workers not only for the care they receive but the after care as well (teaching, follow ups, etc.) This course was incredible and I will be highly recommending to fellow nurses. "

-Robyn Crutchlow, Carleton ON



FOOT CANADA TRAINING

Foot Health Education Options for All

Foot Canada Training recognizes that everyone has a role to play in promoting good foot health. Our courses contain curriculum and resources directed specifically for each different audience's needs and scope of practice.

ADVANCED SKILLS

Full-Day Workshops & Online
for experienced foot care nurses

- Diabetes Foot Care Management
- PAD & ABPI
- Wound Care
- IPAC
- Private Practice
- Padding & Orthotics
- Podiatry Instrument Skills



FOOT CARE NURSE

Foot Care Nurse Theory Course
120 hours, self-paced
Must be completed in 12 months

Onsite Clinical Training
4 day/32 hour hands-on training

Clinical Refresher Course
1-2 days, onsite/hands-on
for experienced foot care nurses



SUPPORT WORKERS

Foot Health - The Role of the
Support Worker
25 hours online, self-paced
Hands-on Workshops available

*for all health care support workers
(PSW, DSW, CA, HCA, SW, etc.)*



PATIENT & PUBLIC

Foot Health - The Role of the Support
Worker
25 hours online, self-paced
Hands-on Workshops available

*This course is suitable for the general public,
persons caring for family members in the
home, and patients diagnosed with diabetes
or other circulatory conditions*





"The Daily Foot Health Checklist is straight to the point for a person diagnosed with Diabetes and anyone supporting patient care"

***-Louise Plourde, RN
Goshenite Seniors Services -
Ontario***

Testimonials from our students

"I have just completed the **Foot Health: The Role of the Support Worker online course and I cannot say enough about how clear, to the point and easy to understand it was.**

After 31 yrs of nursing, teaching at the college level and educating patients - you've covered every important point that I've been teaching to students and patients in clinic settings."



In association with
FOOT CANADA
TRAINING

Contact us today!

www.footcanada.ca

admin@footcanada.ca